

# Femi-1



All-in-1 natural capsules  
for women's hormonal balance



Supports PMS relief



Inhibits hormonal skin trouble



Improves blood circulation



NEXUS PHARMA

# Health benefits

## 1. Fast relief of mental and physical discomfort



Irritation



Depression



Bloating

## 2. Improves PMS related skin problem



Elasticity / Fatigue resistance / Firmness / Moisture

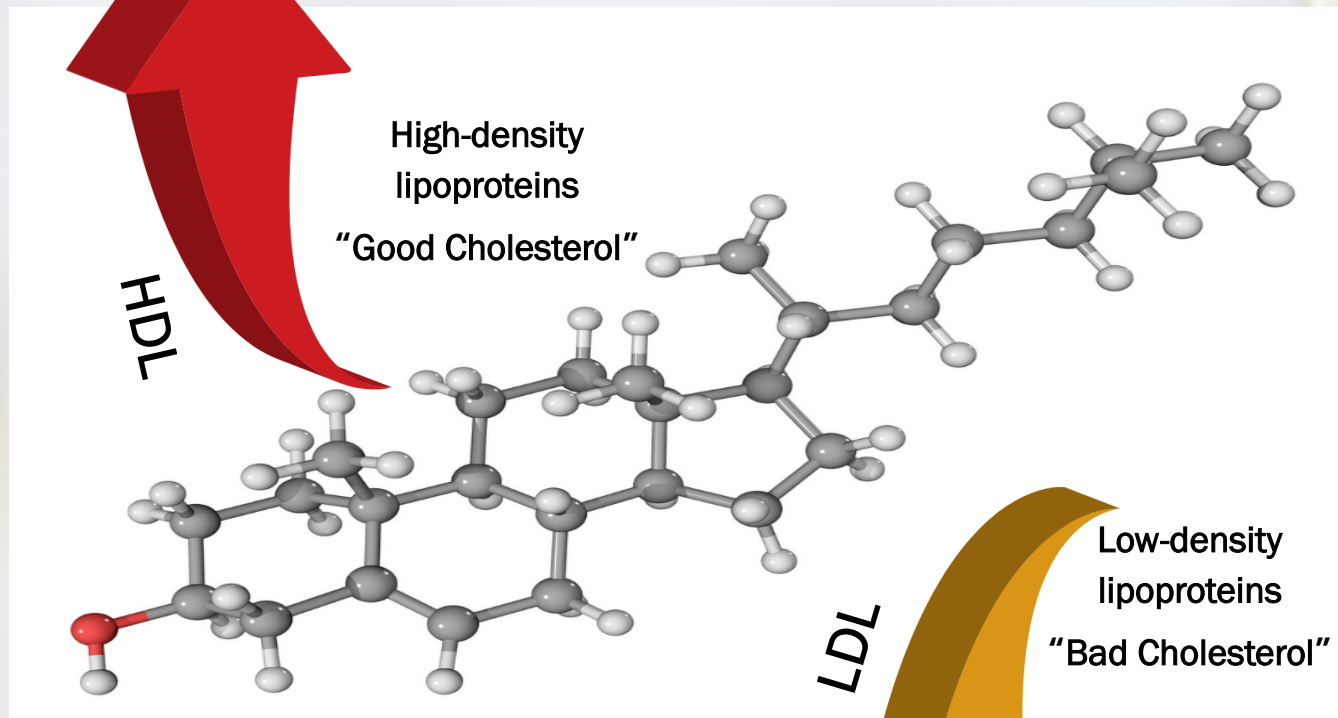
*Femi-1*



# Health benefits

## 3. Reduce cholesterol level and improve blood circulation

Gamma-linolenic acid can help increase the HDL level and lower the LDL level when the lipoprotein (HDL, LDL) transports the cholesterol



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# Recommended usage

Femi-1 is recommended for women who experiences at least one of the following below before & during menstruations:



Person who experiences physical and psychological discomfort during premenstrual change



Person experiencing a deteriorated quality of life due to premenstrual discomfort



Person who needs help for skin improvement



Person who has weakened skin due to environmental factors



Menopausal woman who would like better blood circulation



Person who needs improved cholesterol



Person who frequently suffer from cramping and heaving on the back of the head



Person who has difficulty walking due to a sense of paralysis and pain on the leg

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# Borage Oil Benefits

Borage oil contains 3 times higher content of gamma-linolenic acid (GLA) compared to Evening Primrose:



Evening Primrose

GLA Over 6~9%



Blackcurrant

GLA Over 13%



Borage Oil

GLA Over 20%

Premium ingredient  
from Netherlands

Borage oil GLA used in Femi-1 is extracted at a low temperature below 50° C, which minimizes the chance of damaging the effective nutritional ingredients.

Plant based  
ingredient

No chemical  
components

Preserved for  
long period  
consumption

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# Drug Information

Product name Femi-1	
Product type	Food supplement / oil containing gamma-linolenic acid, vitamin B1, D, E products
APPEARANCE	Soft capsule 750mg / 60 Capsules (45g) (1 month)
USAGE AND DOSAGE	Take 2 capsules once a day with water.
STORAGE	Store and distribute in a cool place out of direct sunlight, and keep out of reach of children ( between 1 ~ 30 °C)
INGREDIENTS	<p>Borage Oil (Netherlands), d-<math>\alpha</math>-tocopherol, VitaminD3 powder (VitaminD3, Arabic Gum, Sucrose, Cornstarch, processed fat and oil, Silicon Dioxide, dl-<math>\alpha</math>-Tocopherol), Thiamine Hydrochloride, Grape seed Oil (Spain), Beeswax, Soybean Lecithin, Magnesium Oxide, Pyridoxine Hydrochloride, Ferrous Fumarate, L-Ascorbic Acid, Fish collagen peptide (Italy) Contains soybean</p> <p>※ Capsule base: purified water, food starch modified, glycerin, carrageenan, cacao color</p>



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