



PLD SET

Medical PPC Fat Burner Set For Professionals Only

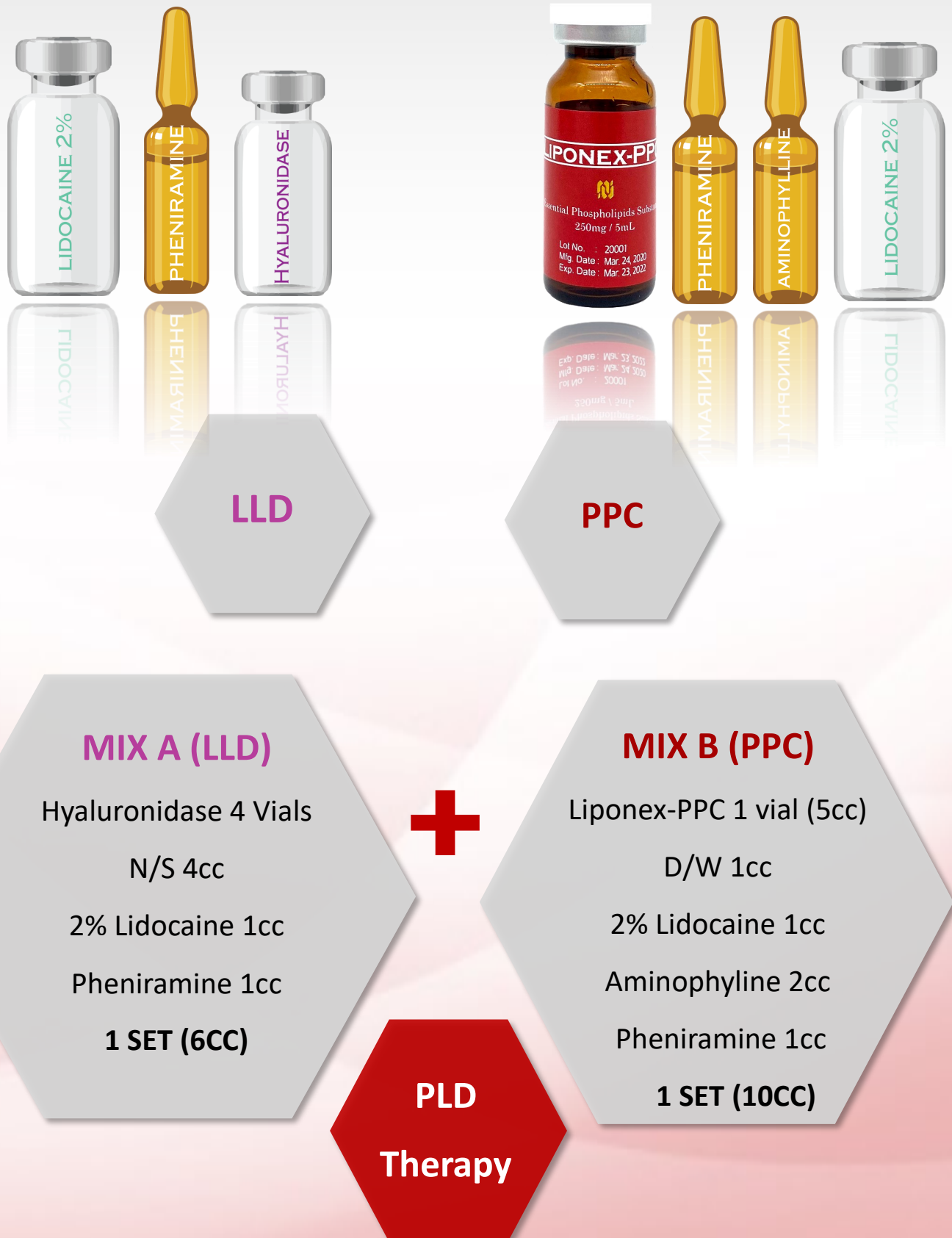
☒ Burn fat effectively with medical grade PPC

☒ Minimize allergies and pain

☒ Reduce swelling and inflammation

What is PLD?

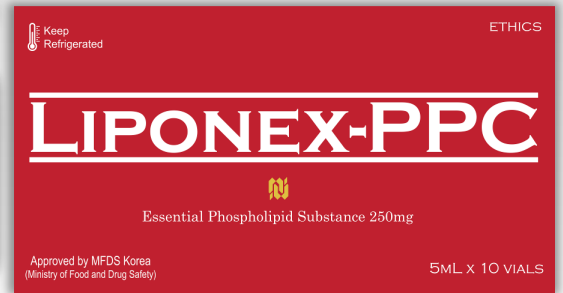
PLD (Phosphatidyl-assisted Lymphatic Drainage) therapy helps with fat melting procedures while reducing side effects, such as bruising, post therapy pain, allergic reactions and edema.



Composition

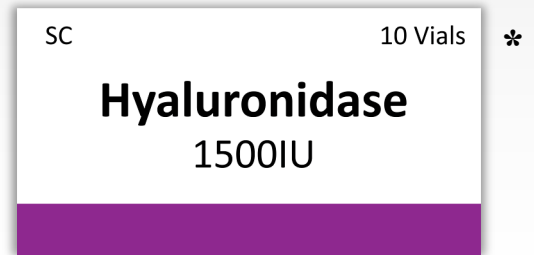
Liponex –PPC 250mg/5mL x 10V

- Key component of **Mix B**
- Medical Grade Phosphatidylcholine
- Targeted fat burning
- 1 full vial per set



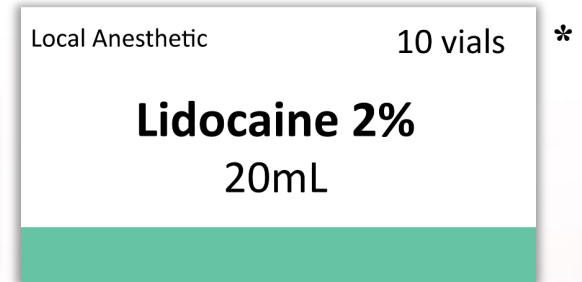
Hyaluronidase 1500 IU x 10V

- Key component of **Mix A**
- Helps with transporting all other medicine evenly around the treatment area
- 4 full vials per set



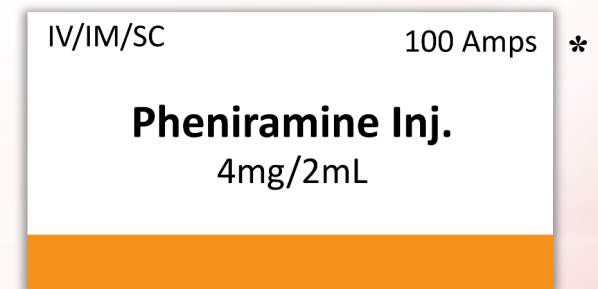
Lidocaine 2% 20mL x 10V

- Component of **Mix A** and **Mix B**
- Local anesthetic for reducing pain during procedure
- Only 1mL in each set



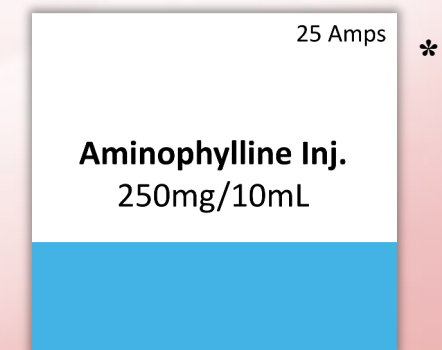
Pheniramine Inj. 4mg/2mL x 100A

- Component of **Mix A** and **Mix B**
- Antihistamine
- Significantly reduces allergic reactions during recovery
- Only 1mL each in each set



Aminophylline Inj. 250mg/10mL x 25A

- Component of **Mix B**
- Significantly reduces swelling and bruising post therapy and during recovery
- Only 2mL per set



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**Brands and packages may differ*

How To Administer PLD Therapy



Abdomen

STEP 1: Administer **Mix A (LLD)**

1. Disinfect the injection site
2. Apply Nexcain Lidocaine 10.56% cream 30 minutes prior to the procedure
3. Inject total of 6 points (1cc each, 3 points on each side of abdomen)
4. Inject subcutaneously perpendicularly or at 45 degrees.
5. Shake the abdominal fat from the injection sites for 30 seconds to spread out the solution

STEP 2: Administer **Mix B (PPC)**

1. After Mix A procedure, inject or use Lipogun to inject Mix B (0.5cc each point, 1 cm apart)
2. 2 sets (female) / 3 sets (male), once a week for 2~4 weeks is recommended.
3. Patient may feel burning due to direct injection to fat.
4. Patient may experience swelling and bruising on the injection site 3 ~ 4 days post procedure.
5. Repeat the procedure after a week when the symptoms have subsided.

Thigh

1. **Mix A (half mixture - 3cc in total)**: Hyaluronidase 2vials + N/S 2cc + 2% Lidocaine 0.5cc + Pheniramine 0.5cc = **1Set (3cc)**
2. Inject 1.5cc of **Mix A** per thigh (follow STEP 1 above)
3. **Mix B (full mixture - 10cc in total)**: After Mix A procedure, inject 1 set (10cc) of **Mix B** per thigh starting from the thickest part of the inner leg.

Arm

1. **Mix A (half mixture - 3cc in total)**: Hyaluronidase 2Vial + N/S 2cc + 2% Lidocaine 0.5cc + Pheniramine 0.5cc = **1Set (3cc)**
2. Inject 1.5cc of **Mix A** per arm
3. **Mix B (half mixture - 5cc in total)**: After Mix A procedure, inject 2.5cc of **Mix B** per arm, starting from the thickest part of the inner arm.

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